



Sermon series: Fighting Fear with Fear
Text: Exodus Luke 12:22-32
Delivered: July 23rd, 2023
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Fear of God > The Fear of Uncertainty

Big Idea: We are meant to fight the fear of uncertainty with *trust* in the God who is certain.

Fear and anxiety _____ on _____. (Luke 12:22-23, 25-26)

1. Anxiety is looking out to the future and _____ something _____.
2. Anxiety is a wasting away of the _____ by worrying about the _____.
3. God doesn't _____ us to be _____ over the uncertainty of the future.

We seek for ways to make the _____ _____ . (Luke 12:16-20)

1. We are prone to put our _____ for the _____ in the wrong places.
2. Our longing for certainty is a form of longing for _____ - _____.

Trust in God leans on the One who is _____ in the face of what is _____. (Luke 12:24, 27-32)

1. God rules _____ by His hand of _____.
2. God is a Good _____ who _____ for you.
3. God is a Good _____ who _____ for you.
4. God is a Good God who _____ to do _____ to you.

Takeaway: Replace _____ on what is uncertain by _____ on what is certain.

What are the some of the things about your future that you find yourself fearing or being anxious about?

How have you seen anxiety and fear act as a thief and a waste in your own life?

Think of one specific fear of the future you have. What are some of the things you might look to as a means to try to control the future in this area so you don't have to fear?

What are some of the reasons we crave certainty about the future? If you could be certain about what the future held for you, how do you think it would change how you lived in the present?



Do you agree that a failure to trust God is at the root of all our anxiety? How should we think about biological factors related to anxiety?

How can belief in God's all-pervasive providence be a great weapon in our fight against fear and anxiety?

Which of the three truths about God from Luke 12:32 is most helpful to you?

What are other truths about God or what he has promised that can be really helpful in our battles with fear and anxiety?

How have you seen the fear cycle play out in your own life where focusing on something that is uncertain spirals and makes you more and more fearful and anxious?

What are some truths that you can meditate on to replace lies that might be behind your fears?

Further Resources:

- [Overcome Your Fears of the Future – The Gospel Coalition](#)
- [What You Need More Than Clarity – The Gospel Coalition](#)
- [Anxious About Nothing – Desiring God](#)
- [Biblical Counseling Center Study on Overcoming Fear & Anxiety](#)