

[Keystone Institute]

"Changed by Means of Grace" Handout

Week Four **10/1/23**

Prayer

Finish Bible Intake (Part Two) from last week.
(Begin with the back side of the Week Three handout)

Table Talk:

- Why should we pray?

- Why don't we pray?

Ways to overcome the reasons that we don't pray:

Ways to pray:

- ACTS
 - A_____ or A_____
 - C_____
 - T_____
 - S_____
- Learn from others
- Scripture Guided Prayer
 - Bible Reading --- Meditation --- Prayer

Practice – Scripture Guided Prayer

Using one of the verses that we meditated on last week, use it now to guide your prayer. Pray silently, or write out your prayer.

John 15:5 (NLT) ⁵ “Yes, I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. For apart from me you can do nothing.

2 Peter 1:3a (NLT) ³ By his divine power, God has given us everything we need for living a godly life.

1 Peter 1:4 (NLT) ⁴ and we have a priceless inheritance—an inheritance that is kept in heaven for you, pure and undefiled, beyond the reach of change and decay.

Psalms 23:1 (NLT) ¹ The LORD is my shepherd; I have all that I need.

Table Talk: What is at least one take away from today’s (and/or last week’s) discussion?

Why Pray?

- Talk to God
- Listen to God
- Be Obedient
- Fellowship with God and others
- Glorify God
- It changes things
- Power
- Lament
- Wrestle
- Correct unspiritual posture
- We always have access
- Forgiveness
- Relationship (vertical)
- Experience
- Ask for things
- Slow down/calm
- Worship
- Tap into God's power
- Humble ourselves
- Daily setting of our mind
- Confession and repentance
- Intercede for other
- To be shown the path of life (PS 16:11)
- Thanksgiving
- Receive wisdom

Why Don't we Pray?

- Time limitations
- Forget
- Not a habit
- Lack words
- Lack belief
- Weary
- Mad at God and not wanting to hear His answer
- Not seeing the fruit of our prayer
- Fear – stuck in fear not wanting to go to God
- Lack of desire
- Discouragement
- Emotional energy
- Want to do it ourself
- Distractions while praying
- Illusion that we do not need prayer
- Enemy
- Pride
- Self Sufficiency